

# Market Snack Guide

## SPARKLING OPTIONS

Mash Grapefruit/Citrus Zing  
Mash Lemon Peel/Ginger Root  
Mash Pomegranate Blueberry  
Mash Mango/Blood Orange

Boylan's Cane Cola  
Boylan's Cane Crème  
Boylan's Cane Root  
Boylan's Cane Birch  
Boylan's Cane Grape  
Boylan's Cane Orange  
Boylan's Cane Black Cherry

Spindrift Sparkling Mango/Orange  
Spindrift Sparkling Half&Half  
Spindrift Sparkling Blackberry  
Spindrift Sparkling Grapefruit  
Spindrift Sparkling Lemonade  
Spindrift Sparkling Ginger Beer  
Spindrift Sparkling Cran/Rasp  
Spindrift Seltzer Grapefruit  
Spindrift Seltzer Lemon  
Spindrift Seltzer Cucumber  
Spindrift Seltzer Rasp/Lime

Sap on Tap Maple Water  
Steaz Organic Teaz Unsweetened Dragonfruit

GUS Cranberry Lime  
GUS Ginger Ale  
GUS Cranberry Lime  
GUS Orange

Dasani Seltzer Lime  
Dasani Seltzer Lemon  
Dasani Seltzer Black Cherry  
Dasani Seltzer Berry

Matchabar Tea Original  
Matchabar Tea Apple Ginger  
Matchabar Tea Peach

GT'S Kombucha Mango  
GT'S Kombucha Guava  
GT'S Kombucha Passionberry  
GT'S Kombucha Gingerberry  
GT'S Kombucha Cranberry  
GT'S Kombucha Strawberry

Trimino Protein Infused H2O Coconut/Pineapple  
Trimino Protein Infused H2O Strawberry/Lime  
Trimino Protein Infused H2O Peach  
Trimino Protein Infused H2O Mixed Berry

## TEA / WATER OPTIONS

Steaz Organic Coconut Water  
Steaz Organic Teaz Half & Half  
Steaz Organic Teaz Blueberry/Pom  
Steaz Organic Teaz Mint Green  
Steaz Organic Teaz Peach Green  
Steaz Organic Teaz Pom/Acai  
Steaz Organic Teaz Super Fruit  
Steaz Organic Teaz Unsweetened Lemon  
Steaz Organic Teaz Unsweetened Passionfruit  
Steaz Organic Teaz Unsweetened Dragonfruit

House Brewed Black Tea  
House Brewed Rooibos Tea  
House Brewed Oolong Tea  
House Brewed Chamomile  
House Brewed Green Tea  
House Brewed Seasonal Tea

## MILK OPTIONS

Ronnybrook Dairy Whole Milk  
Ronnybrook Dairy FF Milk  
Ronnybrook Dairy Choc. Milk  
Ronnybrook Dairy LF Milk  
Califa Farms Almond Milk  
Califa Farms Coconut Milk  
Silk Soy Milk

## JUICE OPTIONS

Fresh Squeezed OJ  
Fresh Squeezed Grapefruit  
Fresh Squeezed Seasonal Blend  
Orangeade  
Limeade  
Lemonade  
Seasonal "Ade"

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## SNACK OPTIONS

Local North Fork Potato Chips  
NF Original  
NF BBQ  
NF Salt & Vin  
NF Sweet Potato  
NF Cheddar & Onion  
NF Sour Cream & Onion  
NF Rosemary & Garlic  
Vigilant Eats Cereal  
Rosemary Thyme Sweet Potato  
Maca Double Chocolate  
Coconut Maple Vanilla  
Goji Cacao  
Espresso Maca Mulberry  
Banana Chia  
Half Popped Popcorn  
Cheddar  
Cinnamon Toast Caramel  
Parmesan Garlic  
Kettle  
Original

## REFRIGERATED SNACK OPTIONS

Green Gazpacho  
Classic Gazpacho  
Golden Gazpacho  
  
Powerful Yogurt (asst)  
Fage Yogurt (asst)  
Ronnybrook Farm Yogurt (asst)  
Ronnybrook Farm Drinkable Yogurt (asst)  
Sabra Guacamole Cups  
Sabra Salsa Cups  
Sabra Hummus Cups  
Burnett Dairy String Cheese (asst)  
Fresh Fruit Cup (seasonal)  
Crudite Cups (tomato/carrot/celery/jicama)  
Fresh Whole Fruit \*Seasonal Selections  
Fruit/Yogurt/Granola Parfait  
  
Earnest Eats Bars  
Superfood Trail  
Power & Grains  
Dark Choc. Almond  
Apple Ginger  
Double Chocolate Espresso  
Cranberry Lemon  
Chocolate Peanut Butter  
Almond Trail  
  
ProBar Bolt  
Orange Chews  
Strawberry Chews

Quest Bars  
Apple Pie  
Choc. Chip Cookie Dough  
White Chocolate Raspberry

Wendola's Granola Bites  
Dark Chocolate  
Cranberry Almond  
PB&J

Kind Bars  
Caramel Almond Sea Salt  
Dark Chocolate Cherry  
Chocolate Sea Salt  
Apricot Almond  
Vanilla Almond  
Dark Chocolate Peanut Butter

Custom Trail Mixes  
Dry Salted Edamame  
Blue Potato Chips  
Beet Chips  
Chocolate Chip Granola Bites  
Dried Mango  
Goji Cacao Energy Squares  
Dried White Peaches  
Custom Cereal Blends

# Sample Selections

## **CLASSIC SANDWICHES**

Classic Tuna Salad w/ Lettuce & Tomato on Multigrain Bread  
Classic Turkey, Provolone, Lettuce, and Tomato on Ciabatta  
Classic Roast Beef, Cheddar Lettuce & Tomato on Kaiser Roll  
Classic Ham, Swiss, Lettuce & Tomato on Rye  
Classic Chicken Salad w/ Lettuce & Tomato on Multi-Grain Roll

## **SPECIALTY SANDWICHES**

Muffeletta with Pepperoni, Salami, Capicola, Provolone, Roasted Peppers, Spring Greens & Olives  
White Albacore Tuna with Goat Cheese, Corn Salsa and Mixed Greens on French Bread  
Roasted Turkey, Bacon, Avocado, Ranch, Lettuce and Tomato on a Kaiser Roll  
Roast Beef, Sharp Provolone, Roasted Peppers and Pesto Mayo on Semolina  
Ham, Provolone, Tomato, Mixed Greens and Artichoke-Parmesan Mayo on Ciabatta  
Roasted Turkey, Cucumber, Lettuce, Tomato and Lemon-Pepper Aioli on Multigrain  
Chicken Cordon Bleu with Crispy Chicken, Ham, Swiss and Honey Mustard on Flatbread  
Portobello Mushrooms, Roasted Peppers, Fresh Mozzarella and Arugula with Balsamic Mayo  
Roasted Rosemary Chicken, Baby Arugula, Goat Cheese, Lemon-Dijon Aioli on Focaccia  
Ham with Brie, Honey Mustard, Arugula and Tomato on Ciabatta

## **SPECIALTY WRAPS**

BLT Wrap, Vine-Ripened Tomato, Lettuce and Bacon with Oregano Mayo  
Curried Chicken Salad Wrap with Red Grapes, Cilantro and Mixed Greens  
Spicy Italian Wrap with Capicola, Salami, Pepperoni, Provolone, Cherry Peppers, Lettuce, Tomato  
Buffalo Chicken Wrap with Romaine, Celery, Carrots and Blue Cheese Dressing  
Pepper Turkey, Roasted Peppers, Fresh Mozzarella and Basil Pesto  
Eggplant Milanese, Basil, Olive Oil, Fresh Mozzarella and Arugula on a Baguette  
Italian Marinated Chicken with Prosciutto, Mozzarella, Tomatoes and Red Wine Vinaigrette  
Tuna Club Wrap with Applewood Smoked Bacon, Romaine and Tomato  
Southwestern Turkey Wrap with Bacon, Pepperjack Arugula and Avocado Aioli  
Turkey Cobb Wrap with Bacon, Blue Cheese, Avocado, Lettuce, Tomato and Red Onion  
Grilled Vegetables and Hummus with Baby Arugula  
BBQ Chicken Wrap with Cheddar, Lettuce, Tomato, Onion and Ranch  
Corned Beef Sloppy Joe Wrap with Cole Slaw and 1000 Island Dressing  
Health Wrap: Hummus, Bean Sprouts, Cucumber, Bean Sprouts, Soy Ginger Vinaigrette

# Sample Selections

## CLASSIC SALADS

Seasonal Fruit Salad

Tossed Salad with Julienned Vegetables & Balsamic Vinaigrette

Classic Chicken Caesar Salad with Shaved Parmesan, Black Olives and Focaccia Croutons

Small Chicken Caesar Salad with Shaved Parmesan, Black Olives and Focaccia Croutons

Mixed Green Salad with Tuna, Deviled Egg, Grape Tomato, Julienned Carrots & Raspberry Vinaigrette

## SPECIALTY SALADS

Grilled Steak with Chimichurri over Mixed Greens and Seasonal Vegetables with Balsamic Vinaigrette

Taco Salad with Corn, Black Beans, Romaine, Tomato, Queso Fresco, Spicy Chicken and Avocado Vinaigrette

Tuna Nicoise Salad, Albacore, Potato, Artichokes, Nicoise Olives, Tomato, Lettuce and Hard-Boiled Eggs with Meyer Lemon Vinaigrette

Mesclun and Roasted Pear Salad with Bleu Cheese, Spiced Pecans, Roasted Pears and Honey Dijon with Grilled Chicken

Citrus Salad with Orange Segments, Dried Cranberry, Shaved Fennel over Mesclun with Raspberry Vinaigrette with Grilled Chicken

Asian Chicken Salad w/ Mixed Asian Greens, Orange, Edamame, Julienne Carrots, Cucumber, Red Cabbage with Sesame Ginger Dressing

Grilled Shrimp with Tender Spinach, Blue Cheese, Red Peppers, Red Onions & Bacon Balsamic Vinaigrette

Chicken and Jicama, Apples, Onions, Craisins & Citrus Vinaigrette

Southwestern Caesar w/ Romaine, Black Beans, Roasted Corn, Goat Cheese, Spicy Caesar Dressing & Crispy Tortilla Strips

Buffalo Chicken over Green w/ Bleu Cheese, Carrots, Celery & Ranch Dressing

Southwestern Caesar w/ Romaine, Black Beans, Roasted Corn, Goat Cheese, Spicy Caesar Dressing & Crispy Tortilla Strips

Cobb Salad with Chicken, Egg, Bacon, Bleu Cheese, Tomatoes, Avocado, Olives over Romaine with Balsamic Dressing

Italian Chef's Salad with Ham, Salami, Fresh Mozzarella, Tomato, Pepperoncini, Olives, & Balsamic Vinaigrette

Grilled Chicken over Baby Spinach w/ Manchego, Roasted Green Apples, Toasted Walnuts & Sherry Vinaigrette

# Sample Selections

## **SAMPLE SOUPS**

Honeynut Squash & Pear Bisque

Chickpea & Quinoa Tortilla Soup

Chicken & Black Barley

Celery Root & Quince

Red Lentil, Sweet Potato & Coconut Soup

Spinach & Tortellini in Brodo

Ham Ribollita

Classic Minestrone

Chicken & Wild Rice

Miso & Potsticker w/ Snap Pea

Greek Shrimp & Dill

Mushroom & Leek w/ Soba Noodles

Chicken & Radiatore Noodle

Steak & Farro Stew

## **NOTE**

We only use condiments and breads that fall under the category of: Organic, and if not organic non-gmo. Zero Trans-fats. Our packaging and product is always sustainable, always seasonal and whenever possible local.